

PERSONAL INFORMATION

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Date of birth 11 September 1971

Nazionalità Italy

Dott. Matteo Papantuono is a clinical psychologist and psychotherapist specialised in Brief Strategic Therapy. Moreover he is a highly specialised teacher and educational psychologist with a vast experience in working with adolescents. Over then 15 years of experience working in school and clinical contexts, brought him to specialise and write scientific works on dealing with challenging behaviours, especially in adolescents and young adults. He has trained and coached school and healthcare staff to gain necessary competences in dealing with resistant behaviour encountered on their workplace. Dott. Papantuono is at present finalising his Ph.D. research in the application of Diversity Management (which was originally used in companies and organisations) in the school context.

EDUCATION

- 1994 – 1999 Degree in Clinical Psychology and Community. University of Urbino. Thesis: *The suicide amongst adolescents: Suicide or accident?*
- 2000 Post-Graduate Degree: Specialization in Teaching, and Educating Children and Adolescents with social, behavioural, cognitive and emotional special needs and disability. University of Florence. Thesis: *The metacognitive activities in adolescents with behavioral disorders.*
- 2003 Residential Training at the Mental Research Institute, Palo Alto California. Training and workshops held by Prof. Paul Watzlawick, Prof. Nardone, Prof Bosciolo, Prof Cecchin, amongst others.
- 2005 – 2008 Post-Graduate Degree: Teaching Qualification Specialization. Subject: Philosophy, Psychology and Human Sciences. University of Florence. Thesis: *Learning processes: how teacher and student relationships can be modified to overcome resistances in learning.*



- 2007 D. Psych in Brief Strategic Psychotherapy at the Postgraduate School in Brief Strategic Therapy recognised by the M.I.U.R. Thesis title : *The four types of resistance to change in clinical therapy.*
- 2008 Professional development training for teachers (60 CDP): Collaborative learning methods of Learning for Humanistic teachings of secondary school. University of Salento. Thesis: *Learning By cooperating.*
- 2009 Professional development training for teachers (60 CDP): Theory and method of multimedia technologies in the teaching of humanistic teachings of the secondary school. University of Salento. Thesis: *Creating an Avatar to help the victims of bullying react effectively.*
- 2010 Intensive training on medical staff-patient relationship. Organised by the Centro di Terapia Strategica di Arezzo, Italy. Directed by Prof.G. Nardone. Training held by Dott.ssa R. Milanese.
- 2012 Intensive Post-graduate Training on the International Statistical Classification of Diseases and Related Health Problems (ICD) and International Classification of Functioning, the Disability and Health (ICF). Organised by the Marche Region (Italy) for psychologist.
- 2012 Intensive training in the treatment of Obsessive Compulsive Disorder and Anxiety Disorders. Organised by the Centro di Terapia Strategica di Arezzo, Directed by Prof. G. Nardone.
- 2012 Intensive training in the treatment on Eating Disorders. Organised by the Centro di Terapia Strategica di Arezzo, Italy. Directed by Prof. G. Nardone.
- 2014 Intensive training on medical staff-patient relationship. Organised by the Centro di Terapia Strategica di Arezzo, Italy. Directed by Prof. G. Nardone. Training held by Dott.ssa R. Milanese.
- 2016 Intensive Training in Strategic Problem Solving and Communication. Organised by the Centro di Terapia Strategica di Arezzo Italy. Directed by Prof. G. Nardone.
- 2016 Intensive Training on Operative Diagnosis: From a nosografic to an operative diagnosis on the psychological problems. Organised by the Centro di Terapia Strategica di Arezzo. Directed by Prof G. Nardone. Training held by Dr C. Portelli.
- 2016-2018 Ph.D in Human Sciences: Development and Education Psychology. University of Macerata. Ref. Prof.ssa P. Nicolini Thesis title: *Diversity Management in the School System.* On the 15th Nov 2018 handed thesis, viva in the coming months.

PROFESSIONAL EXPERIENCES

- From 2001 Teacher in Upper Secondary School, Specialised for at-risk adolescents and with polyvalent disabilities. Subject taught: Communication and Psychology.
- 2002-2004 Consultant and Human Resources Manager at the Vanesius Fashion Agency (Florence, Italy) directed by Antonio Ansaldi operational headquarters of Firenze.



- 2002-2004 Member of the editorial board “*Journal Review of Brief Strategic and Systemic Therapy*” e dell’“*European Network of Brief Strategic and Systemic Therapy*”. Scientific Committee: P. Watzlawick, W. Ray, G. Nardone, C. Lorigo et al.
- 2004-2005 Project Title “*Star bene insieme*” at A.U.S.L./8 di Arezzo (U.O Health, Education and Epidemiology. Referee Dr. Giglio Evaristo);
- 2007-2010 A.M.R.Ar. (Sufferers Rheumatic Association of Arezzo). Coordinator Dr. L. Sabatini
- 2004-2005 Trainer for School leaving students. Course: We cannot not communicate: Improving non-verbal communication and first impression during the work interview, at Margaritone Institute of Arezzo;
- 2006 Co- Founder and Director of Psychosolutions snc Ancona, Italy. Training, Consulting, Psychotherapy and Research Centre. Specialising in Stress Management, Conflict Resolution, Problem solving, Strategic Coaching.
- 2007 Consultancy and training for the trade union CISL of Arezzo. Managing difficult relationships in the workplace. Organised by dott. G. Pugliese (CEO of CISL).
- 2010 Coordinator and trainer together with Dr Claudette Portelli. Project Title: “*Adottare un conflitto*” con gli studenti delle IV e delle V delle Scuole Superiori di II grado di Castelfidardo (AN).
- 2011 Consultancy and training on Custom care: Managing challenging behaviour for Security Staff organised by Confcommercio of Ancona (Italy)
- 2011-2012 Tutor for School Leaving Students in the project of Alternating School-Work. Acquiring the required competencies in managing effectively the transition from school to the workplace and the first work experience. Organised by the Savoia-Benincasa Institute of Ancona.
- 2013 Trainer together with Dr Claudette Portelli in the Project organised for the ASD Arcieri Il Falco di Ancona (Italy) titled “*Trasformare i limiti in risorse: il coaching strategico*”.
- 2011-2014 *Coordinator of the EU Research EU on “Disability and Work” SLID project. Ref. Prof. P. Crispiani (University of Macerata).*
- 2015 Co-founder and Director of of “*The OCD Clinic*” in Ancona Italy: Clinic is specialised in Obsessive compulsive disorder, Anxiety, Eating Disorders, Hypochondriac and Psychosomatic disorders and Addictions.
- 2015-2017 Research Coordinator of the Action Research carried out with Teachers: Identifying best practices in managing social, emotional and behaviour difficulties. This project was carried out together with University of Malta (Dr C. Portelli) and the Bateson Clinic, Dublin Ireland (Dr P. Gibson). This research project gave rise to the publication “*Winning without fighting: Effective Solutions for teachers in Managing Social, Emotional, Behavioural Difficulties in Students*” (Malta University Press)



- 2016-2018 Ordinary Lecturer at the Dublin City University. M.Ed course in Social, Emotional, Behaviour Difficulties. Course coordinated by the Educational Disadvantage Centre, Dublin City University directed. by Prof. P. Downes.
- 2015-2017 Regular trainer of In-service training and PD courses organised by the Institute of Education (IoE) of Malta directed by Joanne Grima.
- 2016-2018 Course designer and Trainer for PD courses for teachers and school personnel at the LEANG Secondary School of Osimo Italy. Organised by the CTI (Centro Territoriale per l'Inclusione, Regione Marche, Italia). Coordinated by Prof.ssa Antonella Redavide.
- 2016-2018 Research coordinator of the Research project on New Addictions: The use, abuse and dependency of technology. This research project gave rise to a publication "Le Nuove Dipendenze: Riconoscerle, capirle e superarle (San Paolo Editori, 2017)
- 2017 Co-founder and trainer at the InSRT (Institute for Strategies, Research and Training) based in Malta but carries out training in EU countries and beyond. This Institute carries out on-going research on improving training for professionals. This Institute is specialised in providing consultancy and training in improving mental health in the workplace.
- 2018 Course designer and Trainer for PD courses for teachers and school personnel at the Fabriano Secondary School, Fabriano Italy Organised by the CTI (Centro Territoriale per l'Inclusione, Regione Marche, Italia). Coordinated by Prof.ssa A. Redavid.
- 2018 Training for teachers on "New Addictions". Training held in various schools in Marche, Italy. Organised by CTI. Coordinator Prof.ssa A. Redavid
- 2018 Participation to various conference presenting our research and text on new addictions.
- 2019 International seminars presenter: "Addicciones" and "Ganar sin combatir". Coordinator Prof.ssa Evelyn Leighton, organised by Strategic Brief Therapy Chile
- 2019 Ordinary lecturer at the Università di Macerata. Courses for Teacher (TFA) "Interventi psico-educativi e didattici con disturbi comportamentali".

PUBLICATIONS

- (April 2007). "Identifying & Exploiting Patients' Resistance". Journal of Brief Strategic & systemic Therapies vol.1. Ed. C. Hybarger & Dr E.C. Frank. pp 17-26.
- Portelli C., (2008). "Dipendenza da cannabis". In Skorjanec B., (a cura di). Come smettere di fumare: strategie per liberarsi in tempo breve dalla dipendenza da fumo. Milano: Ponte alle Grazie. pp. 77-91.
- Papantuono M., Portelli C., (2009). "Dependencia del cannabis". In Skorjanec B., (a cura di). Como dejar de fumar: estrategias para liberarse en tiempo breve de las dependencias del humo (3ª ed.). Barcelona: Rigden.
- Portelli C., (April 2008). "Brief Strategic-systemic approach to cannabis addiction: Involving the family system to overcome adolescent cannabis addiction". Journal of

Brief, Strategic, & Systemic Therapies. Volume 2, Number 1. Ed. Chad Hybarger & Dr Eric C. Frank. pp. 2-12

- (2014). *Le questioni aperte relative alle classificazioni diagnostiche: a) validità e attendibilità; sistema qualitativo vs sistema quantitativo; c) sistema politetico vs sistema nomotetico; DSM; L'ICD; L'ICF; Il PDM; La diagnostica; Il PDF*". In Crispiani P., Papantuono M., (a cura di). *Disabilità e lavoro. Integrazione sociale e lavorativa dei disabili e linee-guida*. Ancona: Poligrafica Bellomo. pp. 76-104

- (2014). *"Poster (il processo di informazione e orientamento alle famiglie; la valutazione della soddisfazione; il progetto di vita lavorativa)" e "Presentazione Progetti"*. In Crispiani P., Papantuono M., (a cura di). *Disabilità e lavoro. Integrazione sociale e lavorativa dei disabili e linee-guida*. Ancona: Poligrafica Bellomo. pp. 287-293.

- Zollino S., (2014). *"Progetto formativo per l'integrazione scolastica e lavorativa di soggetti con disabilità"*. In Crispiani P., Papantuono M., (a cura di). *Disabilità e lavoro. Integrazione sociale e lavorativa dei disabili e linee-guida*. Ancona: Poligrafica Bellomo. pp. 325-326.

- Portelli C., Gibson P., (2014). *"Winning without Fighting: A Handbook for Effective Solutions for Social Emotional and Behavioural Problems in Students"*. Malta: Malta University Press

- Portelli C., (2017). *Le nuove dipendenze. Riconoscerle, capirle, superarle*. Milano: SanPaolo Edizioni

- Portelli C., (2017). *La preoccupazione per la propria salute: dall'ipocondria alla cybercondria*. In *Psicopuglia*, n. 19/06/2017, ISSN 2239-4001, pp. 111-115

- Pereyra Cardini C.A., Fermani A., *"Il «no» dell'adolescente che è stato adottato, per la crescita di sé e della famiglia"* in *"Etnografie del dissenso.15"*, a cura di Patrick Boumard e Vito D'Armento, Tomo II *"Paradigmi e strategie"*, a cura di Maurizio Merico, ed. Pensa Multimedia, Lecce 2017. ISBN volume 978-88-6760-49.

- Portelli C., Pojaghi B., (2017) *"Turning dissent into cooperation: A Strategic-Constructivist Approach to Managing Resistance for Educational Leaders"* (in *"Etnografie del dissenso.15"*, a cura di Patrick Boumard e Vito D'Armento, Tomo II *"Paradigmi e strategie"*, a cura di Maurizio Merico, ed. Pensa Multimedia, Lecce 2017. ISBN volume 978-88-6760-49.

- Portelli C., Pojaghi B., (2018), *Passare dal dissenso alla cooperazione: l'approccio strategico-costruttivista per consentire ai Leader Educativi la gestione della resistenza*. In *Una mewardsente sociale. Contributi in ricordo di Barbara Pojaghi*, Franco Angeli, Milano, 2018.

- Chiodini M., Portelli C., (2018), *Effective treatment for new addictions: a brief strategic approach*. In *Integrative approaches in prophylaxis of dependences in youth environment in the context of digitalization* Proceedings of the IV International scientific fórum (Rostov-on-Don (Russia) – Kyzyl-Orda (Republic of Kazakhstan) – Elista (Republic of Kalmykia) 6–7 December 2018.



- Portelli C., (2018) Resilience and Empowerment in Teachers: A Constructivist Strategic Approach. In *European conference on resilience in education 12 -13 July 2018*. University of Malta Valletta Campus Malta
- Portelli C., Gibson P., (2019) *Vaincre sans combattre: Manuel de solutions efficaces pour résoudre les problèmes sociaux, émotionnels et comportementaux en milieu scolaire*. Edition Enrick B. éditions, Paris
- Portelli C., (2019), *Liberi dalle nuove dipendenze. conoscerle, evitarle, uscirne*, San Paolo, Milano
- Nardone G., Gibson P., Portelli, C., (in press) *"The OCD clinic: a Practical handbook for the treatment of obsessive-compulsive disorders"*.

AWARDS

On the 4th October 2018 rewarded Reward Zanibelli for the text "Nuove Dipendenze Scientific Contribution to Mental Health.

<https://www.sanofi.it/it/mediaroom/news/Premio-Zanibelli-2018>

Mother tongue		Italian			
Other languages	COMPREHENSION		SPEAKING		WRITTEN
	Listening	Reading	Interaction	Verbal	
English	B1/2	B1/2	B1/2	B1/2	B1/2
Frances	A1/2	B1/2	B1/2	B1/2	A1/2
Level: A1/2 Base – Level B1/2 Intermediate – Level C1/2 Advanced					